



Der Holcomb
Alexander County
828.632.3125



Roshunda Terry
Anson County
704.694.2915

**JOIN US FOR SOME
SEASONAL, STRESS FREE COOKING USING
INSTANT POTS**

**HOLIDAY VIRTUAL INSTANT
POT CLASSES
NOVEMBER 10 & 19, 2021
12:00PM-2:00PM
COST: FREE**

REGISTER AT:

[HTTPS://HOLIDAYINSTANTPOTSERIES.EVENTBRITE.COM](https://holidayinstantpotsseries.eventbrite.com)

- **Holiday recipes each class**
- **Prerequisite video to watch**
- **Ingredient list will be sent one week prior**
- **Discuss smaller portions and battling holiday food anxiety**



Rhonda Peters
Montgomery County
704.576.6011



Hayley Cowell
Stanly County
704.983.3987



Marcus McFarland
Union County
704.283.3830

